Under a Mackerel Sky, 2013, 320 pages, Rick Stein, 1448147247, 9781448147243, Random House, 2013

'All men should strive to learn before they die what they are running from, and to, and why' Rick Stein's childhood in 1950s rural Oxfordshire and North Cornwall was idyllic. His parents were charming and gregarious, their five children much-loved and given freedom typical of the time. As he grew older, the holidays were filled with loud and lively parties in his parents' Cornish barn. But ever-present was the unpredicatible mood of his bipolar father, with Rick frequently the focus of his anger and sadness. When Rick was 18 his father killed himself. Emotionally adrift, Rick left for Australia, carrying a suitcase stamped with his father's initials. Manual labour in the outback followed by adventures in America and Mexico toughened up the naive public schoolboy, but at heart he was still lost and unsure what to do with his life. Eventually, Cornwall called him home. From the entrepreneurial days of his mobile disco, the Purple Tiger, to his first, unlikely unlikely nightclub where much of the time was spent breaking up drink-fuelled fights, Rick charts his personal journey in a way that is both wry and perceptive; engaging and witty. Shortlisted for the Specsavers National Book Awards 2013

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Recipes for Life , Vera Weisfeld, Dec 1, 1995, Cooking, . .

Rick Stein's Mediterranean Escapes, Rick Stein, Aug 21, 2012, Cooking, 216 pages. Approach the Mediterranean Sea from any direction and you know you've entered a different world. Rick Stein's culinary odyssey takes in both the islands and coast of this.

Rick Stein's Spain 140 new recipes inspired by my journey off the beaten track, Rick Stein, Oct 31, 2011, Cooking, 320 pages. 'I've wanted to make a series in Spain for a long time. I love Spanish food, I've been going there since I was a young boy - but until quite recently I don't think people.

Rick Stein Starters , Rick Stein, Jan 24, 2013, Cooking, 48 pages. Rick Stein has handpicked 12 of his favourite recipes for Starters from his entire collection to appear in this charming gift book. From the chef famed for his championing of.

Second Helpings of Roast Chicken, Simon Hopkinson, Jun 8, 2011, Cooking, 304 pages. Second Helpings of Roast Chicken takes forty-seven of Simon Hopkinson's favourite ingredients as a starting point. There is a section on apples with a perfect apple tart recipe.

Rick Stein's fruits of the sea , Rick Stein, Apr 1, 1998, Cooking, 224 pages. The host of the PBS television series "Fruits of the Sea" provides more than one hundred quick and easy recipes using seafood, including soups, stews, salads, and party food.

Galley Guru Effortless Gourmet Cooking Afloat, Lisa Hayden-Miller, 2008, Cooking, 316 pages. For the cook who sails and the sailor who cooks, the Galley Guru is a connoisseur's guide to simple ways to keep your grip in the galley. Prepare, preserve, and present, from a.

CSIRO and Baker IDI Diabetes Diet & Lifestyle Plan Cookbook, The CSIRO, BAKER IDI, Aug 21, 2013, Cooking, 224 pages. Just because you have diabetes doesn't mean you have to deprive yourself. Here the team who brought you the best-selling The CSIRO and Baker IDI Diabetes Diet

and Lifestyle.

The Food I Love , Neil Perry, Sep 19, 2006, Cooking, 440 pages. A collection of two hundred recipes by an Australian celebrity chef draws on Mediterranean traditions to provide for every course and meal of the day, in a volume complemented.

Mercurios Menu, Paul Mercurio, 2011, Australia, . .

The Great Big Vegetable Challenge How to Get Your Children Eating Vegetables Happily, Charlotte Hume, 2008, Children, 320 pages. 'Take one seven-year-old boy named Freddie and his mother as they face the challenge of turning him from a vegetable-phobic into a boy who will eat and even enjoy some of life.

Rick Stein's India , Rick Stein, Jun 7, 2013, Cooking, 320 pages. Whenever I hear the word curry, I'm filled with a longing for spicy hot food with the fragrance of cumin, cloves and cinnamon. I see deep red colours from lots of Kashmiri.

A Pig in Provence Good Food and Simple Pleasures in the South of France, Georgeanne Brennan, Mar 8, 2007, Biography & Autobiography, 223 pages. A Pig in Provence is Under the Tuscan Sun meets Anna K. Fisher: an evocative, personal culinary history from the James Beard Awardwinning author of numerous books on cooking. Shady Business , Barbara Andrews, 1984, Fiction, 282 pagesReadings in Planning Theory , Scott Campbell, Susan S. Fainstein, Feb 12, 2003, Architecture, 475 pages. The second edition of this very successful volume examines the current state of planning theory and the new directions it has taken in recent years. The editors have selected a

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The Best of Cemetery Dance Volume two, Richard T. Chizmar, Jan 1, 2001, Fiction, 786 pages. Collects horror and dark fantasy fiction from the pages of "Cemetery Dance."An Economic History of Australia , Edward Owen Giblin Shann, 1930, Australia, 456 pages https://openlibrary.org/works/OL7050070M/Under-a-Mackerel-Sky Being Smart About Gifted Children A Guidebook For Parents And Educators, Dona J. Matthews, Joanne F. Foster, 2005, Education, 428 pages. The 'mysteries' of giftedness are unveiled in this book. The authors invite parents and educators to step into the 'mystery' and 'mastery' models of gifted education, to learnRaichlen on Ribs, Ribs, Outrageous Ribs 99 Top-notch, Tasty, Truly Tempting Recipes Plus Slaws, Sauces, Baked Beans, and More, Steven Raichlen, 2006, Cooking, 298 pages. Itbb™s a marriage made in BBQ heaven: Americabb™s foremost grilling guru takes on ribs. Baby backs and spare ribs, short ribs and long ribs, pork ribs, beef ribs, lamb ribs, and

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